

Awareness of Mental Health Problems TQUK Certificate Level 2

Course Overview

This online only course offers you an insight into 12 different types of mental ill health. You will explore the signs and symptoms, the possible impact on the individual and others and how you could offer support to the individual. Legislation and the changes to the care approach through the years will be explored along with how the media portrays people with mental ill health.

This is a nationally recognised qualification, great for updating your CV, increasing your understanding of a deeply complex but prominent topic, and to enable you to better understand someone else's experience.

On average the course takes 16 weeks to complete. Time frame depends on the time you have available and your prior knowledge.

The assessments are made up of questions asking you to describe, explain, identify or list information. To be able to pass this qualification answers must be in your own words, using sentences and paragraphs.

What you will learn

To gain the qualification you must complete the following 13 units:

- Understand mental health
- Understanding stress
- Understanding anxiety
- Understanding phobias
- Understanding depression
- Understanding post-natal depression
- Understanding bipolar disorder
- Understanding schizophrenia
- Understanding dementia
- Understanding eating disorders
- Understanding attention deficit hyperactivity disorder
- Understanding obsessive compulsive disorder
- Understanding post traumatic stress disorder

After enrolment you are given 3 weeks for each submission, but if you require longer please contact the Distance Learning Team and they will happily agree an extension with you. Once signed up to the course you will receive a welcome email from Equal, our online learning platform. On there you will see a guidance video explaining how the platform works and you will find your initial submission dates there too.

This is a distance learning course, meaning all work is completed from home. You do not attend any classes. However, this doesn't mean you can't access support. We have a team of dedicated tutors available to provide any support you might need along the way.

Entry Requirements

You must be over 19. You are asked to describe what you hope to achieve from the course during enrolment. This helps us to provide you the right advice and ensure you are on the right course and at the right level.

If you are not a British Citizen you may have to complete a fee assessment to ensure you qualify for government funding.

Course Fees

0.00

Course Progression

We have a huge choice of distance learning courses available at both level 2 and 3. At the end of your course your tutor may suggest a suitable option for you or you can contact the distance learning team to advise you on the courses available.

We also have a careers team available via phone email or in person who can help to plan a career pathway for you.

What Happens Next

If you would like to enrol, please click on Apply Now. You will then be directed to the application form, once complete you will be emailed a link to the full enrolment page, the link will ask for an Enrolment Code, this will be sent to you via text message. If you need any help with enrolment, please contact the College and we will guide you through the process.

Course Details

Course Code	P00075
Start Date	01/08/2025
Study Hours	Distance Learning
Duration	12
Campus	Distance Learning
Level	2

Apply Here