

# Award in Emergency First Aid at Work Level 3

## Course Overview

This qualification is aimed at adult students who wish to become emergency first-aiders in the workplace or learn the skills to be able to save lives at home or in their community. Organisations that need staff training to be emergency first-aiders can utilise this training to meet health and safety requirements. To be eligible for this free course you must live or work in Market Harborough District.

## What you will learn

The qualification covers knowledge such as the roles and responsibilities of the first aider and how to assess an incident. You will learn first aid skills in cardiopulmonary resuscitation (CPR) and use of an automated external defibrillator (AED), providing first aid to a casualty who is choking and dealing with external bleeding and hypovolaemic shock. During the course you will learn the following:

1. The role and responsibilities of a first aider.
2. Assessment of an emergency situation safely.
3. Providing first aid to an unresponsive casualty.
4. Provide first aid to a casualty who is choking.
5. Provide first aid to a casualty with external bleeding.
6. Provide first aid to a casualty who is suffering from shock.
7. Provide first aid to a casualty with minor injuries.

## Entry Requirements

- Minimum of 19 years of age.
- Physically capable of completing the practical assessment.
- Minimum of Level 1 in English.
- Legally a resident in the UK.

To be eligible for this free course you must live or work in Market Harborough District. For questions please call City Skills Centre on 0116 2241125.

## Course Progression

The objective of this qualification is to support students to become emergency first aiders in the workplace. The content of the qualification meets the Health and Safety Executive (HSE). In line with guidance provided by the HSE, the qualification supports/approves workplace emergency first aiders for a period of 3 years, after which point learners will need to retake the course. Therefore, this qualification is valid for three years from the date of award. In addition to this, it is recommended that learners refresh their knowledge annually. The qualification covers knowledge such as the roles and responsibilities of the first aider and how to assess an incident. The qualification also covers first aid skills in cardiopulmonary resuscitation (CPR) and use of an automated external defibrillator (AED), providing first aid to a casualty who is choking and dealing with external bleeding and hypovolaemic shock, also how to provide first aid for minor injuries.

## What Happens Next

Once you have submitted your application, Leicester College will contact you and provide full joining instructions.

## Course Details

**Course Code** P00697

**Start Date** Various

**Study Hours** Part Time

**Duration** 1 week

**Level** 3

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