

## Skills Bootcamp - Care Ready Level 2

### Course Overview

Starting in September 2025, for 10 hrs a week (Monday all day and half-day Tuesday morning) this free, 12-week Skills Bootcamp is for people aged over 19 who looking for a rewarding career in the healthcare sector where your skills can make a real difference everyday. This face-to-face programme will equip you with essential skills including the nationally recognised Care Certificate, infection control, moving and handling, and person-centred care approaches. You'll learn from industry professionals who bring real NHS and care home experience directly into the classroom. On completion of the course our network of employers will guarantee an interview with local nursing and care homes actively seeking qualified staff. Our dedicated Work Placement Officers will support you throughout the course and beyond, ensuring you're not just job-ready but career-ready. Join us and discover how fulfilling a career in care can be. Apply today and take the first step towards a secure, rewarding future helping others.

### What you will learn

Week 1 Induction Day and Vacancy Profiling: Welcome to College. Teaching Team, Standards and Expectations for the course. Logging into IT Systems. Employers to co deliver the session on the vacancies and the working environment  
Week 2 Lifespan Development (PIES): Presentation in teams on the effects of ageing through the Lifespan  
Week 3 Legislation and Policy: You will be introduced to duty of care and roles and responsibilities followed by a peer quiz to underpin practise and process  
Week 4 Health and Nutrition: This is your opportunity understand what keeps us healthy and go onto create a Public Health Display  
Week 5 Infection Control: Working with staff and employers you will learn how to develop and produce clinical information on an article  
Week 6 Moving and Handling: Working with a professional health worker you will learn the basic of moving and handling and complete a practical assessment  
Week 7 End of Life Care: Working with employers invited as guest speakers you will explore case studies and assess individual needs with person centred values.  
Week 8 Safeguarding: Working with employers invited as guest speakers you will learn the essential fundamentals of good practise and process  
Week 9 Health and Safety: This will be an introduction to aspects of health and safety needed when working with vulnerable people  
Week 10 Effective Care Planning: Learn how create a care plan aligned to case studies and build your confidence in compiling and working with information to support the individual  
Week 11 Care Sector Specific Employability Skills: This group session will be co delivered with employers to support learners with interviews, CV and confidence skills  
Week 12 Practical Care Ready Day: Working with a qualified nurse you will have the opportunity to work at practical stations on simulated wards

### Entry Requirements

19 years of age or older  
Resident in the UK for the past three years  
Live in England  
Have the right to study and work in the UK  
Hold no similar qualifications  
We welcome people who are unemployed or those who are employed but wish to work in this sector.

### Course Progression

You are guaranteed an interview within the adult care sector with the employers who are supporting and working with us on the 'Care Ready' Boot camp. You will be equipped with up to date knowledge and skills combined with the care certificate that will enable you to progress into your chosen career.

### What Happens Next

This short course is meticulously planned with input from employers to provide you with the knowledge and practical experience necessary to pursue new opportunities or enhance your current capabilities in the healthcare sector.

### Course Details

Course Code	P00767
Start Date	Various
Study Hours	Part Time
Duration	12 weeks
Campus	Abbey Park Campus
Level	2

[Apply Here](#)