Leicester College

T Level Health and Science - Support of Mental Health Team Specialism

Course Overview

A strong step into supporting the mental health team, this specialised Health and Science T level arms you with all the specific skills and competencies healthcare employers need. Industry leaders developed the two-year course to prepare you for an active role in the health and science workplace.

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| In a class of

What you will learn

In year one, you leap into a world of essential health and science knowledge and skills. You discover all you need to know about person-centred care, mental health, well-being and how to manage personal information.

Enter year two and you dive deep into mental health nursing. You, your classmates and your tutors examine all the ways you can support mental health teams. You discover how you, as carers, can support individuals with mental health conditions and examine at even greater depths your chosen specialism, with a focus on:

- 1. Providing care and support to individuals with mental health conditions – looking at the roles and responsibilities of the mental health team and the variety of environments they work within and the range of individuals they may support including health and safety guidelines and communication techniques.

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- 3. Promoting mental well-being and looking at coping strategies and skills as well as looking at how carers and families can be supported to manage their conditions.

str /> str /> str /> By getting into the team's roles and responsibilities, you build an understanding of the environments and range of individuals you're likely to work with. You also explore health and safety guidelines and the most effective communication techniques to support you in your mental healthcare assistant career.
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 As you learn more about often-seen mental health conditions and tried and tested treatment options, your confidence grows. The idea of assisting with mental health tasks and therapeutic interventions becomes truly manageable.

| A vital part of year two is building a toolkit of ways to support carers and families facing mental health challenges. There are loads of coping strategies and also work on an employer-set project in a real-life setting. This 45-day industry placement is your chance to put your knowledge into practice. It's also an amazing opportunity to experience first-hand what it's like to work in and digital skills relevant to the health and science route, we have tutors to support you to get that all-important level 2 in English and maths you need to complete the course.

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Entry Requirements

T levels are for people who are 16-18 on 31 August on the date that they start the course.

| Solution |

Course Fees

There are no tuition fees to study a T Level if you start before you are 19 years old but there will be material costs that will need to be paid at the start of the course.
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 You will need to have an Enhanced Disclosure and Barring Service (DBS) check to work with children and vulnerable adults, which is an additional cost of £44.

 This is a professional programme and all settings expect staff to wear a uniform. All T level health and science students will wear a uniform in both college and placement. This consists of the pathways medical tunic (available from the college at a cost of £17.99* each) black trousers (not leggings), and black shoes.

 Further details on uniform requirements are available from the workplace coordinator or programme lead.

 *prices correct December 2020 but may be subject to change.

Course Details

Course Code P00154

Start Date 07/09/2026

Study Hours Full Time

Duration 2 years

Campus Abbey Park Campus

Level 3

Apply Here

A T level in healthcare and science puts you on a strong career path as a mental healthcare assistant or gives you the knowledge to move into a higher level apprenticeship or a degree.
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have a chat with our independent careers advisors to work out your next step. They have all the information, advice and guidance you need to kickstart your career.
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What Happens Next

Apply online via the College website, or if your school uses the Positive Steps @16 (PS16) application system please apply through this and speak to your careers advisor if you are unsure. You will need details of your qualifications, a reference, and a personal statement to complete your application. Once your application has been successfully processed, you will be sent a conditional offer and be invited to an interview at the College to meet key staff, learn more about your chosen course of study and tour the facilities. You will then need to confirm your acceptance of the course offered to you.