

Beauty Therapy VRQ Diploma level 3

Course Overview

Our Level 3 VRQ Diploma in Beauty Therapy techniques course aims to provide you with a range of specialist practical skills such as massage techniques, facial and body electrical treatments as well as massage using pre-blended aromatherapy oils and stone therapy massage. You will benefit from developing your technical knowledge in areas such as anatomy and physiology, communication, and selling skills. We have excellent facilities and you will be taught by qualified and experienced staff. This course will equip you to seek employment or further training within the beauty therapy industry.

This course is an approximate split of 60% practical and 40% theory. There is a large amount of science-based knowledge that is needed to be learnt and understood in order to complete practical treatments and pass this qualification. You will be required to purchase the level 3 uniform and kit and adhere to the strict dress code required in our salons. Additionally, home study will also be needed (approximately 5-6 hours per week) to support your learning.

If you are aged 16 to 18, you will be enrolled on a study programme. This will include retaking GCSEs or undertaking Functional Skills in English and maths if you haven't already achieved a grade 4 or above.

You will take part in activities that help you to develop your personal skills, such as building your character and confidence. This will help you to live well and move into your chosen career.

If you are 16-19 years old these activities will be timetabled as will work experience and placement. You can also choose to take part in other activities.

For other age groups, activities will be tailored to your needs.

What you will learn

This qualification covers a very wide range of practical skills and knowledge required for working in the beauty and spa therapy industry.

This includes promoting and selling products and services to clients, providing body massage, providing facial electrotherapy treatments, providing body electrotherapy treatments, anatomy, and physiology, provide massage using pre-blended aromatherapy oils and hot stone therapy massage. All of the units learnt in this qualification will have a theory and practical element to learn and understand.

Entry Requirements

To enrol onto this course, you must have passed a full Level 2 Beauty Therapy qualification. Additionally, you must have above 90% attendance at previous college/work, a positive reference from college/work, and GCSEs in English and maths at grade 4 (C) or alternatively Functional Skills at level 2. Excellent communication skills are also desirable.

The ability to complete at least 30 hours of work experience within the course period (a job in the industry or related would assist with this).

You will need to purchase the Leicester College uniform and kit (costs below) in addition to this you must wear black flat unbranded closed in shoes (no trainers), hair to be tied up away from the face, no jewellery or piercings and nails are to be short and natural i.e. no gel, false nails or varnish.

Course Fees

Female Uniform: Approx £50
Male uniform: Approx £50
Kit costs: TBC
Flat black unbranded shoes (not trainers) will also need to be purchased personally.

Course Progression

You could progress into employment such as beauty salons, spas, cruise ships, retail for cosmetic companies, salon owner, mobile therapist, skin clinics, working for a cosmetic company or training/teaching within the industry. Higher Education courses in advanced techniques or management is also another progression route. All beauty therapists should ensure that they carry out continuous professional development throughout their career.

What Happens Next

Apply online via the College website, or if your school uses the Positive Steps @16 (PS16) application system please apply through this and speak to your careers advisor if you are unsure. You will need details of your qualifications and employment history, a reference, and a personal statement to complete your application. Once your application has been successfully processed, you will be sent a conditional offer and be invited to a Welcome Event at the College to meet your tutors, learn more about your chosen course of study and tour the facilities. You will then need to confirm your acceptance of the course offered to you.

Course Details

Course Code	P00167
Start Date	07/09/2026
Study Hours	Full Time
Duration	1 year
Campus	Freemen's Park Campus
Level	3

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