

Introduction to Sewing Skills

Course Overview

This non-accredited course runs from St Margaret's Campus every Friday from 1:00pm – 3:30pm for 9 weeks starting on 12 September and finishing on 14 November 2025. This course is for beginners and those that want to learn the basics. Each week you will be guided through a small sewing project for example, creating your own needle case, piped pin cushion and making a zipper purse. This is a tutor-led course and is designed to develop the use of the sewing machine and to use the various feet and attachments that come with it.

What you will learn

During this course, you will learn:

- Health and safety, safe working practice regulations
- Each week you will work on a different project which will help develop your sewing skills and knowledge
- You will learn to identify and understand the functions and workings of the sewing machine, troubleshoot, and identify machine faults.
- Understand the different types and sizes of needles
- Understand fabric properties of woven and Stretch fabrics and how to successfully sew them.
- You will learn how to sew zips and create buttonholes. Make a cushion cover with an applique. How to sew reversible projects
- Identifying and using an assortment of machine feet.

This course is designed as an introduction to the skills required to undertake small and simple sewing projects. Each week you will develop your confidence and knowledge using the sewing machine.

Entry Requirements

This course is designed as an introduction to sewing skills and is suitable for those students who have not yet completed a sewing or garment making course before. You must be aged 19+ and be able to complete a short workbook on a weekly basis with the help of your tutor.

Course Fees

The cost of the course is £90.00. However, you will not be required to pay a fee for this course if you are in receipt of one of the following benefits:

- Universal Credit
- JSA or ESA (Employment and Support Allowance Work Related Action Group)

There will be no fees if you earn less than £25,000.

Course Progression

You can only complete this course once. On completion of this course, you may progress onto our Introduction to Garment Making Course or a Soft Furnishings Course. Your tutor will advise and discuss the various progression routes available to you. You can also access the College Careers Team to support your progression.

What Happens Next

Apply online via the College website. You will be contacted to attend an interview if required or sent a conditional offer according to the course's entry requirements. You will then be invited to enrol for your chosen course.

Course Details

Course Code	P00967
Start Date	28/04/2026
Study Hours	Part Time
Duration	9 weeks
Campus	St Margaret's Campus
Level	1

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