

Sport Certificate level 2

Course Overview

Are you passionate about all aspects of sport and physical activity? Then the NCFE Level 2 Certificate in Sport is perfect for you. It's designed for those who want to develop both their practical abilities and theoretical understanding of how the sports industry works, preparing them for future study, training, or employment in a wide range of sport-related careers.

What you will learn

Throughout the course, students will explore a diverse range of engaging and relevant topics - including Anatomy and Physiology, Sports Coaching, Participating in Sport, and Healthy Exercise and Nutrition. Learning takes place through a mix of classroom theory and hands-on practical sessions, allowing learners to apply new knowledge, develop key technical and teamwork skills, and gain confidence by participating in real sporting and fitness environments.

Entry Requirements

Four Grade 3s at GCSE (including English Language). You should have a genuine interest in sport, fitness and physical activity, with a willingness to develop your knowledge, skills and confidence throughout the course. You should also be prepared to participate in both the practical and theoretical aspects of the programme.

Course Progression

Upon successful completion of this one-year course, you can progress to the Level 3 Diploma or Extended Diploma in Sports Coaching and Development or the Level 3 Extended Diploma in Sport, Fitness and Personal Training. Alternatively, you may choose to pursue an apprenticeship or move directly into employment within the sport, fitness, or leisure industry.

Course Details

Course Code	P00982
Start Date	06/09/2027
Study Hours	Full Time
Duration	1 year
Campus	Abbey Park Campus
Level	2

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